

Wettkampf 32 - 400m Freistil männlich

Pflichtzeiten

2009: 07:55,00 2008: 06:35,00 2007: 06:15,00 2006: 06:00,00 2005: 05:45,00 2004: 05:35,00 2003: 05:30,00
2002: 05:20,00 2000 bis 2001: 05:20,00 1999 und älter: 05:18,00

Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksmeister	Julius Flohr	1995	DSW 1912 Darmstadt e.V.	04:06,36	712
	50m: 00:28,51 (00:28,51) 100m: 00:58,72 (00:30,21) 150m: 01:29,47 (00:30,75) 200m: 02:00,78 (00:31,31) 250m: 02:32,23 (00:31,45) 300m: 03:04,05 (00:31,82) 350m: 03:35,85 (00:31,80) 400m: 04:06,36 (00:30,51)				
2.	Florian Lippke	1995	DSW 1912 Darmstadt e.V.	04:35,02	512
	50m: 00:30,87 (00:30,87) 100m: 01:04,24 (00:33,37) 150m: 01:38,64 (00:34,40) 200m: 02:13,99 (00:35,35) 250m: 02:49,29 (00:35,30) 300m: 03:24,85 (00:35,56) 350m: 04:00,35 (00:35,50) 400m: 04:35,02 (00:34,67)				
3.	Sven Ludwig	1994	DJK-SSG Bensheim	04:39,30	489
	50m: 00:29,48 (00:29,48) 100m: 01:03,42 (00:33,94) 150m: 01:38,98 (00:35,56) 200m: 02:15,21 (00:36,23) 250m: 02:51,50 (00:36,29) 300m: 03:28,17 (00:36,67) 350m: 04:04,86 (00:36,69) 400m: 04:39,30 (00:34,44)				
4.	Sven Schneider	1995	SSV Raunheim	04:43,22	469
	50m: 00:30,65 (00:30,65) 100m: 01:05,48 (00:34,83) 150m: 01:41,12 (00:35,64) 200m: 02:18,14 (00:37,02) 250m: 02:54,61 (00:36,47) 300m: 03:32,04 (00:37,43) 350m: 04:07,96 (00:35,92) 400m: 04:43,22 (00:35,26)				
5.	Jakob Werner	2006	DSW 1912 Darmstadt e.V.	04:48,07	445
	50m: 00:31,36 (00:31,36) 100m: 01:06,44 (00:35,08) 150m: 01:42,51 (00:36,07) 200m: 02:19,47 (00:36,96) 250m: 02:56,76 (00:37,29) 300m: 03:34,36 (00:37,60) 350m: 04:11,67 (00:37,31) 400m: 04:48,07 (00:36,40)				
6.	Max Tertsch	2003	TSG Darmstadt	04:56,19	410
	50m: 00:32,14 (00:32,14) 100m: 01:08,11 (00:35,97) 150m: 01:45,42 (00:37,31) 200m: 02:23,43 (00:38,01) 250m: 03:02,34 (00:38,91) 300m: 03:40,50 (00:38,16) 350m: 04:19,51 (00:39,01) 400m: 04:56,19 (00:36,68)				
7.	Noah Burtscher	2003	TSG Darmstadt	05:04,78	376
	50m: 00:31,17 (00:31,17) 100m: 01:07,13 (00:35,96) 150m: 01:45,02 (00:37,89) 200m: 02:23,53 (00:38,51) 250m: 03:03,94 (00:40,41) 300m: 03:45,18 (00:41,24) 350m: 04:25,87 (00:40,69) 400m: 05:04,78 (00:38,91)				
8.	Tim Kretschmar	2003	SSV Raunheim	05:05,55	373
	50m: 00:33,07 (00:33,07) 100m: 01:10,11 (00:37,04) 150m: 01:49,64 (00:39,53) 200m: 02:28,94 (00:39,30) 250m: 03:10,17 (00:41,23) 300m: 03:49,54 (00:39,37) 350m: 04:30,17 (00:40,63) 400m: 05:05,55 (00:35,38)				
9.	Jan Kretschmar	2000	SSV Raunheim	05:05,59	373
	50m: 00:31,13 (00:31,13) 100m: 01:08,07 (00:36,94) 150m: 01:47,06 (00:38,99) 200m: 02:26,96 (00:39,90) 250m: 03:07,35 (00:40,39) 300m: 03:47,48 (00:40,13) 350m: 04:27,55 (00:40,07) 400m: 05:05,59 (00:38,04)				
10.	Ayman Khattabi	2003	DSW 1912 Darmstadt e.V.	05:17,60	332
	50m: 00:34,27 (00:34,27) 100m: 01:12,61 (00:38,34) 150m: 01:52,21 (00:39,60) 200m: 02:33,40 (00:41,19) 250m: 03:14,30 (00:40,90) 300m: 03:56,04 (00:41,74) 350m: 04:36,76 (00:40,72) 400m: 05:17,60 (00:40,84)				
11.	Tim Völger	2006	VFS Rödermark	05:24,23	312
	50m: 00:35,41 (00:35,41) 100m: 01:15,54 (00:40,13) 150m: 01:57,18 (00:41,64) 200m: 02:38,53 (00:41,35) 250m: 03:20,13 (00:41,60) 300m: 04:02,90 (00:42,77) 350m: 04:45,12 (00:42,22) 400m: 05:24,23 (00:39,11)				
12.	Max Holtkamp	1995	SVS Griesheim	05:27,85	302
	50m: 00:34,37 (00:34,37) 100m: 01:14,31 (00:39,94) 150m: 01:55,74 (00:41,43) 200m: 02:38,56 (00:42,82) 250m: 03:21,36 (00:42,80) 300m: 04:04,47 (00:43,11) 350m: 04:47,34 (00:42,87) 400m: 05:27,85 (00:40,51)				
13.	Linus Immenrodt	2007	VFS Rödermark	05:31,66	292
	50m: 00:37,81 (00:37,81) 100m: 01:19,82 (00:42,01) 150m: 02:02,49 (00:42,67) 200m: 02:44,65 (00:42,16) 250m: 03:26,83 (00:42,18) 300m: 04:09,12 (00:42,29) 350m: 04:51,28 (00:42,16) 400m: 05:31,66 (00:40,38)				
14.	Jerome Kiefer	2006	TV 1862 Langen e.V.	05:32,36	290
	50m: 00:34,31 (00:34,31) 100m: 01:15,38 (00:41,07) 150m: 01:58,75 (00:43,37) 200m: 02:42,29 (00:43,54) 250m: 03:25,99 (00:43,70) 300m: 04:08,98 (00:42,99) 350m: 04:51,32 (00:42,34) 400m: 05:32,36 (00:41,04)				
15.	Luis Herr	2007	DSW 1912 Darmstadt e.V.	05:36,02	280
	50m: 00:35,41 (00:35,41) 100m: 01:17,74 (00:42,33) 150m: 02:01,32 (00:43,58) 200m: 02:44,58 (00:43,26) 250m: 03:28,14 (00:43,56) 300m: 04:11,78 (00:43,64) 350m: 04:55,32 (00:43,54) 400m: 05:36,02 (00:40,70)				
16.	Marcell Shakirov	2008	DSW 1912 Darmstadt e.V.	05:38,97	273
	50m: 00:35,11 (00:35,11) 100m: 01:17,46 (00:42,35) 150m: 02:00,14 (00:42,68) 200m: 02:44,04 (00:43,90) 250m: 03:27,43 (00:43,39) 300m: 04:12,50 (00:45,07) 350m: 04:56,56 (00:44,06) 400m: 05:38,97 (00:42,41)				

ENM

noch Wettkampf 32 - 400m Freistil männlich

noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
17.	Maximilian Ott	2008	DSW 1912 Darmstadt e.V.	05:40,74	269
	50m: 00:39,50 (00:39,50) 100m: 01:23,36 (00:43,86) 150m: 02:08,49 (00:45,13) 200m: 02:51,98 (00:43,49) 250m: 03:35,32 (00:43,34) 300m: 04:18,88 (00:43,56) 350m: 05:01,09 (00:42,21) 400m: 05:40,74 (00:39,65)				
18.	Till Freytag	2008	DSW 1912 Darmstadt e.V.	05:41,11	268
	50m: 00:37,93 (00:37,93) 100m: 01:20,33 (00:42,40) 150m: 02:04,38 (00:44,05) 200m: 02:49,02 (00:44,64) 250m: 03:33,53 (00:44,51) 300m: 04:18,64 (00:45,11) 350m: 05:02,87 (00:44,23) 400m: 05:41,11 (00:38,24)				
19.	Arian Ciftci	2007	TuS Griesheim	05:50,52	247
	50m: 00:36,46 (00:36,46) 100m: 01:20,31 (00:43,85) 150m: 02:05,80 (00:45,49) 200m: 02:52,35 (00:46,55) 250m: 03:37,55 (00:45,20) 300m: 04:23,93 (00:46,38) 350m: 05:08,68 (00:44,75) 400m: 05:50,52 (00:41,84)				
20.	Philipp Uebach	2008	SG Neptun Lampertheim	06:21,24	192
	50m: 00:40,09 (00:40,09) 100m: 01:28,54 (00:48,45) 150m: 02:17,47 (00:48,93) 200m: 03:08,01 (00:50,54) 250m: 03:57,98 (00:49,97) 300m: 04:48,99 (00:51,01) 350m: 05:37,48 (00:48,49) 400m: 06:21,24 (00:43,76)				
21.	Josef Haßfeld	2009	Rüsselsheimer SC	06:56,40	147
	50m: 00:43,77 (00:43,77) 100m: 01:36,49 (00:52,72) 150m: 02:30,97 (00:54,48) 200m: 03:24,87 (00:53,90) 250m: 04:18,76 (00:53,89) 300m: 05:12,76 (00:54,00) 350m: 06:05,90 (00:53,14) 400m: 06:56,40 (00:50,50)				

Jahrgang 2009

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeister					
	Josef Haßfeld	2009	Rüsselsheimer SC	06:56,40	147
	50m: 00:43,77 (00:43,77) 100m: 01:36,49 (00:52,72) 150m: 02:30,97 (00:54,48) 200m: 03:24,87 (00:53,90) 250m: 04:18,76 (00:53,89) 300m: 05:12,76 (00:54,00) 350m: 06:05,90 (00:53,14) 400m: 06:56,40 (00:50,50)				

Jahrgang 2008

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeister					
	Marcell Shakirov	2008	DSW 1912 Darmstadt e.V.	05:38,97	273
	50m: 00:35,11 (00:35,11) 100m: 01:17,46 (00:42,35) 150m: 02:00,14 (00:42,68) 200m: 02:44,04 (00:43,90) 250m: 03:27,43 (00:43,39) 300m: 04:12,50 (00:45,07) 350m: 04:56,56 (00:44,06) 400m: 05:38,97 (00:42,41)				
2.	Maximilian Ott	2008	DSW 1912 Darmstadt e.V.	05:40,74	269
	50m: 00:39,50 (00:39,50) 100m: 01:23,36 (00:43,86) 150m: 02:08,49 (00:45,13) 200m: 02:51,98 (00:43,49) 250m: 03:35,32 (00:43,34) 300m: 04:18,88 (00:43,56) 350m: 05:01,09 (00:42,21) 400m: 05:40,74 (00:39,65)				
3.	Till Freytag	2008	DSW 1912 Darmstadt e.V.	05:41,11	268
	50m: 00:37,93 (00:37,93) 100m: 01:20,33 (00:42,40) 150m: 02:04,38 (00:44,05) 200m: 02:49,02 (00:44,64) 250m: 03:33,53 (00:44,51) 300m: 04:18,64 (00:45,11) 350m: 05:02,87 (00:44,23) 400m: 05:41,11 (00:38,24)				
4.	Philipp Uebach	2008	SG Neptun Lampertheim	06:21,24	192
	50m: 00:40,09 (00:40,09) 100m: 01:28,54 (00:48,45) 150m: 02:17,47 (00:48,93) 200m: 03:08,01 (00:50,54) 250m: 03:57,98 (00:49,97) 300m: 04:48,99 (00:51,01) 350m: 05:37,48 (00:48,49) 400m: 06:21,24 (00:43,76)				

Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeister					
	Linus Immenrodt	2007	VFS Rödermark	05:31,66	292
	50m: 00:37,81 (00:37,81) 100m: 01:19,82 (00:42,01) 150m: 02:02,49 (00:42,67) 200m: 02:44,65 (00:42,16) 250m: 03:26,83 (00:42,18) 300m: 04:09,12 (00:42,29) 350m: 04:51,28 (00:42,16) 400m: 05:31,66 (00:40,38)				
2.	Luis Herr	2007	DSW 1912 Darmstadt e.V.	05:36,02	280
	50m: 00:35,41 (00:35,41) 100m: 01:17,74 (00:42,33) 150m: 02:01,32 (00:43,58) 200m: 02:44,58 (00:43,26) 250m: 03:28,14 (00:43,56) 300m: 04:11,78 (00:43,64) 350m: 04:55,32 (00:43,54) 400m: 05:36,02 (00:40,70)				
3.	Arian Ciftci	2007	TuS Griesheim	05:50,52	247
	50m: 00:36,46 (00:36,46) 100m: 01:20,31 (00:43,85) 150m: 02:05,80 (00:45,49) 200m: 02:52,35 (00:46,55) 250m: 03:37,55 (00:45,20) 300m: 04:23,93 (00:46,38) 350m: 05:08,68 (00:44,75) 400m: 05:50,52 (00:41,84)				

noch Wettkampf 32 - 400m Freistil männlich

Jahrgang 2006

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeister					
	Jakob Werner	2006	DSW 1912 Darmstadt e.V.	04:48,07	445
	50m: 00:31,36 (00:31,36) 100m: 01:06,44 (00:35,08) 150m: 01:42,51 (00:36,07) 200m: 02:19,47 (00:36,96) 250m: 02:56,76 (00:37,29) 300m: 03:34,36 (00:37,60) 350m: 04:11,67 (00:37,31) 400m: 04:48,07 (00:36,40)				
2.	Tim Völger	2006	VFS Rödermark	05:24,23	312
	50m: 00:35,41 (00:35,41) 100m: 01:15,54 (00:40,13) 150m: 01:57,18 (00:41,64) 200m: 02:38,53 (00:41,35) 250m: 03:20,13 (00:41,60) 300m: 04:02,90 (00:42,77) 350m: 04:45,12 (00:42,22) 400m: 05:24,23 (00:39,11)				
3.	Jerome Kiefer	2006	TV 1862 Langen e.V.	05:32,36	290
	50m: 00:34,31 (00:34,31) 100m: 01:15,38 (00:41,07) 150m: 01:58,75 (00:43,37) 200m: 02:42,29 (00:43,54) 250m: 03:25,99 (00:43,70) 300m: 04:08,98 (00:42,99) 350m: 04:51,32 (00:42,34) 400m: 05:32,36 (00:41,04)				

Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeister					
	Max Tertsch	2003	TSG Darmstadt	04:56,19	410
	50m: 00:32,14 (00:32,14) 100m: 01:08,11 (00:35,97) 150m: 01:45,42 (00:37,31) 200m: 02:23,43 (00:38,01) 250m: 03:02,34 (00:38,91) 300m: 03:40,50 (00:38,16) 350m: 04:19,51 (00:39,01) 400m: 04:56,19 (00:36,68)				
2.	Noah Burtscher	2003	TSG Darmstadt	05:04,78	376
	50m: 00:31,17 (00:31,17) 100m: 01:07,13 (00:35,96) 150m: 01:45,02 (00:37,89) 200m: 02:23,53 (00:38,51) 250m: 03:03,94 (00:40,41) 300m: 03:45,18 (00:41,24) 350m: 04:25,87 (00:40,69) 400m: 05:04,78 (00:38,91)				
3.	Tim Kretschmar	2003	SSV Raunheim	05:05,55	373
	50m: 00:33,07 (00:33,07) 100m: 01:10,11 (00:37,04) 150m: 01:49,64 (00:39,53) 200m: 02:28,94 (00:39,30) 250m: 03:10,17 (00:41,23) 300m: 03:49,54 (00:39,37) 350m: 04:30,17 (00:40,63) 400m: 05:05,55 (00:35,38)				
4.	Ayman Khattabi	2003	DSW 1912 Darmstadt e.V.	05:17,60	332
	50m: 00:34,27 (00:34,27) 100m: 01:12,61 (00:38,34) 150m: 01:52,21 (00:39,60) 200m: 02:33,40 (00:41,19) 250m: 03:14,30 (00:40,90) 300m: 03:56,04 (00:41,74) 350m: 04:36,76 (00:40,72) 400m: 05:17,60 (00:40,84)				

Junioren 2000/2001

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Bezirksjuniorenmeister					
	Jan Kretschmar	2000	SSV Raunheim	05:05,59	373
	50m: 00:31,13 (00:31,13) 100m: 01:08,07 (00:36,94) 150m: 01:47,06 (00:38,99) 200m: 02:26,96 (00:39,90) 250m: 03:07,35 (00:40,39) 300m: 03:47,48 (00:40,13) 350m: 04:27,55 (00:40,07) 400m: 05:05,59 (00:38,04)				