

**Wettkampf 33 - 400m Freistil weiblich****Pflichtzeiten**

2014: 07:15,00 2013: 07:05,00 2012: 06:30,00 2011: 06:10,00 2010 und älter: 05:45,00

**Jahrgang 2014**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024	Sophie Bernhard	2014	TV 1862 Langen e.V.	06:37,25	208
	50m: 00:44,78 (00:44,78)   100m: 01:35,27 (00:50,49)   150m: 02:26,58 (00:51,31)   200m: 03:17,44 (00:50,86)				
	250m: 04:07,82 (00:50,38)   300m: 04:58,34 (00:50,52)   350m: 05:49,01 (00:50,67)   400m: 06:37,25 (00:48,24)				

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024	Miia Bartash	2013	DSW 1912 Darmstadt e.V.	05:27,91	369
	50m: 00:36,01 (00:36,01)   100m: 01:17,46 (00:41,45)   150m: 01:59,96 (00:42,50)   200m: 02:41,82 (00:41,86)				
	250m: 03:23,75 (00:41,93)   300m: 04:06,82 (00:43,07)   350m: 04:47,88 (00:41,06)   400m: 05:27,91 (00:40,03)				
2.	Lisa Schwartmann	2013	DSW 1912 Darmstadt e.V.	05:45,18	317
	50m: 00:37,68 (00:37,68)   100m: 01:19,88 (00:42,20)   150m: 02:03,75 (00:43,87)   200m: 02:47,64 (00:43,89)				
	250m: 03:32,39 (00:44,75)   300m: 04:17,18 (00:44,79)   350m: 05:02,15 (00:44,97)   400m: 05:45,18 (00:43,03)				
3.	Emma Proft	2013	DSW 1912 Darmstadt e.V.	05:53,93	294
	50m: 00:38,05 (00:38,05)   100m: 01:21,58 (00:43,53)   150m: 02:06,38 (00:44,80)   200m: 02:51,83 (00:45,45)				
	250m: 03:37,96 (00:46,13)   300m: 04:23,92 (00:45,96)   350m: 05:10,21 (00:46,29)   400m: 05:53,93 (00:43,72)				
4.	Clara Prokopp	2013	TV 1862 Langen e.V.	06:00,06	279
	50m: 00:40,11 (00:40,11)   100m: 01:25,43 (00:45,32)   150m: 02:13,12 (00:47,69)   200m: 02:59,56 (00:46,44)				
	250m: 03:47,02 (00:47,46)   300m: 04:33,13 (00:46,11)   350m: 05:19,26 (00:46,13)   400m: 06:00,06 (00:40,80)				
5.	Viktoria Kühne	2013	VFS Rödermark	08:00,62	117
	50m: 00:49,35 (00:49,35)   100m: 01:47,09 (00:57,74)   150m: 02:49,84 (01:02,75)   200m: 03:53,61 (01:03,77)				
	250m: 04:57,25 (01:03,64)   300m: 05:58,76 (01:01,51)   350m: 07:01,11 (01:02,35)   400m: 08:00,62 (00:59,51)				

ENM

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024	Amelie Rühl	2012	TV 1862 Langen e.V.	05:09,35	440
	50m: 00:33,95 (00:33,95)   100m: 01:12,51 (00:38,56)   150m: 01:51,33 (00:38,82)   200m: 02:31,34 (00:40,01)				
	250m: 03:11,28 (00:39,94)   300m: 03:51,14 (00:39,86)   350m: 04:30,73 (00:39,59)   400m: 05:09,35 (00:38,62)				
2.	Ekaterina Lebedeva	2012	DSW 1912 Darmstadt e.V.	05:28,82	366
	50m: 00:36,38 (00:36,38)   100m: 01:16,56 (00:40,18)   150m: 01:58,53 (00:41,97)   200m: 02:40,87 (00:42,34)				
	250m: 03:23,56 (00:42,69)   300m: 04:05,96 (00:42,40)   350m: 04:48,38 (00:42,42)   400m: 05:28,82 (00:40,44)				
3.	Alexia Jesse	2012	DSW 1912 Darmstadt e.V.	05:42,24	325
	50m: 00:36,93 (00:36,93)   100m: 01:18,79 (00:41,86)   150m: 02:02,93 (00:44,14)   200m: 02:46,44 (00:43,51)				
	250m: 03:31,45 (00:45,01)   300m: 04:15,88 (00:44,43)   350m: 05:00,61 (00:44,73)   400m: 05:42,24 (00:41,63)				
4.	Jannika Freihöfer	2012	TuS Griesheim	06:00,66	277
	50m: 00:39,59 (00:39,59)   100m: 01:24,28 (00:44,69)   150m: 02:11,04 (00:46,76)   200m: 02:58,08 (00:47,04)				
	250m: 03:44,87 (00:46,79)   300m: 04:30,49 (00:45,62)   350m: 05:17,50 (00:47,01)   400m: 06:00,66 (00:43,16)				
5.	Elisabeth Abedini	2012	SVS Griesheim	06:04,52	269
	50m: 00:40,62 (00:40,62)   100m: 01:26,16 (00:45,54)   150m: 02:12,70 (00:46,54)   200m: 02:59,75 (00:47,05)				
	250m: 03:47,67 (00:47,92)   300m: 04:35,08 (00:47,41)   350m: 05:22,81 (00:47,73)   400m: 06:04,52 (00:41,71)				

**Jahrgang 2011**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024	Christine Danielle Njipwo	2011	DSW 1912 Darmstadt e.V.	05:38,51	336
	50m: 00:36,83 (00:36,83)   100m: 01:18,97 (00:42,14)   150m: 02:02,51 (00:43,54)   200m: 02:47,01 (00:44,50)				
	250m: 03:31,72 (00:44,71)   300m: 04:15,97 (00:44,25)   350m: 04:58,92 (00:42,95)   400m: 05:38,51 (00:39,59)				

**noch Wettkampf 33 - 400m Freistil weiblich****Jahrgang 2009**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024					
	Giovanna Vieten	2009	DSW 1912 Darmstadt e.V.	04:37,73	608
	50m: 00:32,71 (00:32,71)   100m: 01:08,04 (00:35,33)   150m: 01:43,07 (00:35,03)   200m: 02:19,11 (00:36,04) 250m: 02:54,18 (00:35,07)   300m: 03:29,38 (00:35,20)   350m: 04:03,76 (00:34,38)   400m: 04:37,73 (00:33,97)				
2.	Milena Auer	2009	DSW 1912 Darmstadt e.V.	04:46,01	557
	50m: 00:32,57 (00:32,57)   100m: 01:08,36 (00:35,79)   150m: 01:44,66 (00:36,30)   200m: 02:20,56 (00:35,90) 250m: 02:57,16 (00:36,60)   300m: 03:34,43 (00:37,27)   350m: 04:11,21 (00:36,78)   400m: 04:46,01 (00:34,80)				
3.	Enya Behr	2009	DSW 1912 Darmstadt e.V.	04:50,24	533
	50m: 00:33,47 (00:33,47)   100m: 01:09,73 (00:36,26)   150m: 01:46,54 (00:36,81)   200m: 02:23,31 (00:36,77) 250m: 03:00,06 (00:36,75)   300m: 03:37,36 (00:37,30)   350m: 04:14,03 (00:36,67)   400m: 04:50,24 (00:36,21)				
4.	Katharina Werner	2009	DSW 1912 Darmstadt e.V.	05:03,88	464
	50m: 00:35,00 (00:35,00)   100m: 01:13,31 (00:38,31)   150m: 01:52,54 (00:39,23)   200m: 02:31,42 (00:38,88) 250m: 03:09,90 (00:38,48)   300m: 03:48,66 (00:38,76)   350m: 04:26,95 (00:38,29)   400m: 05:03,88 (00:36,93)				

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024					
	Sophia Ivanova	2008	DSW 1912 Darmstadt e.V.	04:49,91	535
	50m: 00:33,59 (00:33,59)   100m: 01:09,27 (00:35,68)   150m: 01:45,82 (00:36,55)   200m: 02:22,59 (00:36,77) 250m: 02:59,68 (00:37,09)   300m: 03:36,66 (00:36,98)   350m: 04:14,02 (00:37,36)   400m: 04:49,91 (00:35,89)				
2.	Lea Hofferbert	2008	VFS Rödermark	05:58,29	283
	50m: 00:39,93 (00:39,93)   100m: 01:25,40 (00:45,47)   150m: 02:12,90 (00:47,50)   200m: 02:59,90 (00:47,00) 250m: 03:46,78 (00:46,88)   300m: 04:32,91 (00:46,13)   350m: 05:17,94 (00:45,03)   400m: 05:58,29 (00:40,35)				

ENM

**Jahrgang 2007**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeisterin 2024					
	Maja-Melina Volz	2007	DSW 1912 Darmstadt e.V.	05:04,26	462
	50m: 00:34,39 (00:34,39)   100m: 01:12,61 (00:38,22)   150m: 01:51,91 (00:39,30)   200m: 02:30,99 (00:39,08) 250m: 03:09,82 (00:38,83)   300m: 03:48,88 (00:39,06)   350m: 04:27,58 (00:38,70)   400m: 05:04,26 (00:36,68)				

**Juniorinnen**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjuniorenmeisterin 2024					
	Paula Mußlick	2006	VFS Rödermark	05:33,67	351
	50m: 00:36,85 (00:36,85)   100m: 01:18,09 (00:41,24)   150m: 01:59,96 (00:41,87)   200m: 02:42,74 (00:42,78) 250m: 03:25,96 (00:43,22)   300m: 04:09,51 (00:43,55)   350m: 04:52,91 (00:43,40)   400m: 05:33,67 (00:40,76)				
2.	Lara Riebesell	2005	TV 1846 e.V. Groß-Gerau	05:53,61	294
	50m: 00:39,32 (00:39,32)   100m: 01:22,45 (00:43,13)   150m: 02:07,02 (00:44,57)   200m: 02:52,47 (00:45,45) 250m: 03:38,91 (00:46,44)   300m: 04:24,60 (00:45,69)   350m: 05:10,17 (00:45,57)   400m: 05:53,61 (00:43,44)				

ENM

**Bezirksmeisterinnenwertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksmeisterin 2024					
	Sophia Herbsthoff	2004	DSW 1912 Darmstadt e.V.	04:35,16	625
	50m: 00:31,56 (00:31,56)   100m: 01:05,84 (00:34,28)   150m: 01:40,02 (00:34,18)   200m: 02:14,71 (00:34,69) 250m: 02:49,64 (00:34,93)   300m: 03:25,27 (00:35,63)   350m: 04:00,52 (00:35,25)   400m: 04:35,16 (00:34,64)				
2.	Giovanna Vieten	2009	DSW 1912 Darmstadt e.V.	04:37,73	608
	50m: 00:32,71 (00:32,71)   100m: 01:08,04 (00:35,33)   150m: 01:43,07 (00:35,03)   200m: 02:19,11 (00:36,04) 250m: 02:54,18 (00:35,07)   300m: 03:29,38 (00:35,20)   350m: 04:03,76 (00:34,38)   400m: 04:37,73 (00:33,97)				
3.	Milena Auer	2009	DSW 1912 Darmstadt e.V.	04:46,01	557
	50m: 00:32,57 (00:32,57)   100m: 01:08,36 (00:35,79)   150m: 01:44,66 (00:36,30)   200m: 02:20,56 (00:35,90) 250m: 02:57,16 (00:36,60)   300m: 03:34,43 (00:37,27)   350m: 04:11,21 (00:36,78)   400m: 04:46,01 (00:34,80)				

**noch Wettkampf 33 - 400m Freistil weiblich****noch Bezirksmeisterinnenwertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
4.	Sophia Ivanova 50m: 00:33,59 (00:33,59)   100m: 01:09,27 (00:35,68)   150m: 01:45,82 (00:36,55)   200m: 02:22,59 (00:36,77) 250m: 02:59,68 (00:37,09)   300m: 03:36,66 (00:36,98)   350m: 04:14,02 (00:37,36)   400m: 04:49,91 (00:35,89)	2008	DSW 1912 Darmstadt e.V.	04:49,91	535	
5.	Enya Behr 50m: 00:33,47 (00:33,47)   100m: 01:09,73 (00:36,26)   150m: 01:46,54 (00:36,81)   200m: 02:23,31 (00:36,77) 250m: 03:00,06 (00:36,75)   300m: 03:37,36 (00:37,30)   350m: 04:14,03 (00:36,67)   400m: 04:50,24 (00:36,21)	2009	DSW 1912 Darmstadt e.V.	04:50,24	533	
6.	Katharina Werner 50m: 00:35,00 (00:35,00)   100m: 01:13,31 (00:38,31)   150m: 01:52,54 (00:39,23)   200m: 02:31,42 (00:38,88) 250m: 03:09,90 (00:38,48)   300m: 03:48,66 (00:38,76)   350m: 04:26,95 (00:38,29)   400m: 05:03,88 (00:36,93)	2009	DSW 1912 Darmstadt e.V.	05:03,88	464	
7.	Maja-Melina Volz 50m: 00:34,39 (00:34,39)   100m: 01:12,61 (00:38,22)   150m: 01:51,91 (00:39,30)   200m: 02:30,99 (00:39,08) 250m: 03:09,82 (00:38,83)   300m: 03:48,88 (00:39,06)   350m: 04:27,58 (00:38,70)   400m: 05:04,26 (00:36,68)	2007	DSW 1912 Darmstadt e.V.	05:04,26	462	
8.	Amelie Rühl 50m: 00:33,95 (00:33,95)   100m: 01:12,51 (00:38,56)   150m: 01:51,33 (00:38,82)   200m: 02:31,34 (00:40,01) 250m: 03:11,28 (00:39,94)   300m: 03:51,14 (00:39,86)   350m: 04:30,73 (00:39,59)   400m: 05:09,35 (00:38,62)	2012	TV 1862 Langen e.V.	05:09,35	440	
9.	Miia Bartash 50m: 00:36,01 (00:36,01)   100m: 01:17,46 (00:41,45)   150m: 01:59,96 (00:42,50)   200m: 02:41,82 (00:41,86) 250m: 03:23,75 (00:41,93)   300m: 04:06,82 (00:43,07)   350m: 04:47,88 (00:41,06)   400m: 05:27,91 (00:40,03)	2013	DSW 1912 Darmstadt e.V.	05:27,91	369	
10.	Ekaterina Lebedeva 50m: 00:36,38 (00:36,38)   100m: 01:16,56 (00:40,18)   150m: 01:58,53 (00:41,97)   200m: 02:40,87 (00:42,34) 250m: 03:23,56 (00:42,69)   300m: 04:05,96 (00:42,40)   350m: 04:48,38 (00:42,42)   400m: 05:28,82 (00:40,44)	2012	DSW 1912 Darmstadt e.V.	05:28,82	366	
11.	Paula Mußlick 50m: 00:36,85 (00:36,85)   100m: 01:18,09 (00:41,24)   150m: 01:59,96 (00:41,87)   200m: 02:42,74 (00:42,78) 250m: 03:25,96 (00:43,22)   300m: 04:09,51 (00:43,55)   350m: 04:52,91 (00:43,40)   400m: 05:33,67 (00:40,76)	2006	VFS Rödermark	05:33,67	351	
12.	Larissa Graho 50m: 00:37,29 (00:37,29)   100m: 01:19,53 (00:42,24)   150m: 02:03,26 (00:43,73)   200m: 02:47,09 (00:43,83) 250m: 03:31,45 (00:44,36)   300m: 04:15,94 (00:44,49)   350m: 04:57,32 (00:41,38)   400m: 05:37,75 (00:40,43)	2003	SSV Raunheim	05:37,75	338	
13.	Christine Danielle Njipwo 50m: 00:36,83 (00:36,83)   100m: 01:18,97 (00:42,14)   150m: 02:02,51 (00:43,54)   200m: 02:47,01 (00:44,50) 250m: 03:31,72 (00:44,71)   300m: 04:15,97 (00:44,25)   350m: 04:58,92 (00:42,95)   400m: 05:38,51 (00:39,59)	2011	DSW 1912 Darmstadt e.V.	05:38,51	336	
14.	Alexia Jesse 50m: 00:36,93 (00:36,93)   100m: 01:18,79 (00:41,86)   150m: 02:02,93 (00:44,14)   200m: 02:46,44 (00:43,51) 250m: 03:31,45 (00:45,01)   300m: 04:15,88 (00:44,43)   350m: 05:00,61 (00:44,73)   400m: 05:42,24 (00:41,63)	2012	DSW 1912 Darmstadt e.V.	05:42,24	325	
15.	Lisa Schwartzmann 50m: 00:37,68 (00:37,68)   100m: 01:19,88 (00:42,20)   150m: 02:03,75 (00:43,87)   200m: 02:47,64 (00:43,89) 250m: 03:32,39 (00:44,75)   300m: 04:17,18 (00:44,79)   350m: 05:02,15 (00:44,97)   400m: 05:45,18 (00:43,03)	2013	DSW 1912 Darmstadt e.V.	05:45,18	317	
16.	Lara Riebesell 50m: 00:39,32 (00:39,32)   100m: 01:22,45 (00:43,13)   150m: 02:07,02 (00:44,57)   200m: 02:52,47 (00:45,45) 250m: 03:38,91 (00:46,44)   300m: 04:24,60 (00:45,69)   350m: 05:10,17 (00:45,57)   400m: 05:53,61 (00:43,44)	2005	TV 1846 e.V. Groß-Gerau	05:53,61	294	ENM
17.	Emma Proft 50m: 00:38,05 (00:38,05)   100m: 01:21,58 (00:43,53)   150m: 02:06,38 (00:44,80)   200m: 02:51,83 (00:45,45) 250m: 03:37,96 (00:46,13)   300m: 04:23,92 (00:45,96)   350m: 05:10,21 (00:46,29)   400m: 05:53,93 (00:43,72)	2013	DSW 1912 Darmstadt e.V.	05:53,93	294	
18.	Lea Hofferbert 50m: 00:39,93 (00:39,93)   100m: 01:25,40 (00:45,47)   150m: 02:12,90 (00:47,50)   200m: 02:59,90 (00:47,00) 250m: 03:46,78 (00:46,88)   300m: 04:32,91 (00:46,13)   350m: 05:17,94 (00:45,03)   400m: 05:58,29 (00:40,35)	2008	VFS Rödermark	05:58,29	283	ENM
19.	Clara Prokopp 50m: 00:40,11 (00:40,11)   100m: 01:25,43 (00:45,32)   150m: 02:13,12 (00:47,69)   200m: 02:59,56 (00:46,44) 250m: 03:47,02 (00:47,46)   300m: 04:33,13 (00:46,11)   350m: 05:19,26 (00:46,13)   400m: 06:00,06 (00:40,80)	2013	TV 1862 Langen e.V.	06:00,06	279	
20.	Jannika Freihöfer 50m: 00:39,59 (00:39,59)   100m: 01:24,28 (00:44,69)   150m: 02:11,04 (00:46,76)   200m: 02:58,08 (00:47,04) 250m: 03:44,87 (00:46,79)   300m: 04:30,49 (00:45,62)   350m: 05:17,50 (00:47,01)   400m: 06:00,66 (00:43,16)	2012	TuS Griesheim	06:00,66	277	
21.	Elisabeth Abedini 50m: 00:40,62 (00:40,62)   100m: 01:26,16 (00:45,54)   150m: 02:12,70 (00:46,54)   200m: 02:59,75 (00:47,05) 250m: 03:47,67 (00:47,92)   300m: 04:35,08 (00:47,41)   350m: 05:22,81 (00:47,73)   400m: 06:04,52 (00:41,71)	2012	SVS Griesheim	06:04,52	269	

**noch Wettkampf 33 - 400m Freistil weiblich****noch Bezirksmeisterinnenwertung**

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>WA</b>	
22.	Sophie Bernhard	2014	TV 1862 Langen e.V.	06:37,25	208	
	50m: 00:44,78 (00:44,78)   100m: 01:35,27 (00:50,49)   150m: 02:26,58 (00:51,31)   200m: 03:17,44 (00:50,86)					
	250m: 04:07,82 (00:50,38)   300m: 04:58,34 (00:50,52)   350m: 05:49,01 (00:50,67)   400m: 06:37,25 (00:48,24)					
23.	Viktoria Kühne	2013	VFS Rödermark	08:00,62	117	ENM
	50m: 00:49,35 (00:49,35)   100m: 01:47,09 (00:57,74)   150m: 02:49,84 (01:02,75)   200m: 03:53,61 (01:03,77)					
	250m: 04:57,25 (01:03,64)   300m: 05:58,76 (01:01,51)   350m: 07:01,11 (01:02,35)   400m: 08:00,62 (00:59,51)					